

**Program Description:** Paving the Way to Self-Determination was developed to support children with developmental disabilities and their families in raising people's expectations by introducing the concepts and tools needed to lead self-determined lives. Too often, children with developmental disabilities are segregated and directed to a path of isolation and low self-esteem. This program is designed to break that cycle and set an expectation of success.

Paving the Way to Self-Determination is for children (ages birth -12) and their families living in Michigan. The program utilizes interactive, online trainings and storytelling on topics that promote self-determination and independence.

## **RESOURCES:**

Disability Network Southwest Michigan Website: <a href="https://www.dnswm.org/">https://www.dnswm.org/</a>

Paving the Way to Self-Determination Page: <a href="http://bit.ly/MI-pavingtheway">http://bit.ly/MI-pavingtheway</a>

Disability Network Southwest Michigan YouTube Channel:

https://www.youtube.com/@DNSouthwestMI

Michigan Developmental Disabilities Council Website:

https://www.michigan.gov/mdhhs/keep-mi-healthy/mentalhealth/developmentaldisability

National Association of Councils on Developmental Disabilities Website:

https://nacdd.org/

Michigan Alliance for Families Website: <a href="https://www.michiganallianceforfamilies.org/">https://www.michiganallianceforfamilies.org/</a>

National Center for Parent Information & Resources Website:

https://www.parentcenterhub.org/

The Arc Michigan Website: <a href="https://arcmi.org/">https://arcmi.org/</a>

Charting the LifeCourse™ Website: <a href="https://www.lifecoursetools.com/">https://www.lifecoursetools.com/</a>

## CHILDREN'S BOOKS USED IN SELF-ADVOCACY STORY TIME:

All the Way to the Top: How One Girl's Fight for Americans with Disabilities Changed Everything – by Annette Bay Pimentel, March 2020, Sourcebooks Explore, ISBN 13 978-1492688976

A Day with No Words – by Tiffany Hammond, 2023, Wheat Penny Press, ISBN 978-1-7369497-9-5

Just Ask! Be Different, Be Brave, Be You – by Sonia Sotomayor, 2019, Philomel Books, ISBN 978-0-525-51412-1

Fighting for Yes! The Story of Disability Rights Activist Judith Heumann – by Maryann Cocca-Leffler, 2022, Abrams Publishing, ISBN 9781647003685

Too Much! An Overwhelming Day – by Jolene Gutierrez, 2023, Abrams Appleseed Publishing, ISBN 978-1-4197-6426-4

Completely Me – by Justine Green, Ed.D., 2020, Green Rose Publishing, ISBN 978-1-7352558-0-4

Completely Matt: An ADHD Story – by Justine Green, Ed.D., 2012, Green Rose Publishing, ISBN 978-1-7352558-4-2

Completely Emme: A Cerebral Palsy Story – by Justine Green, Ed.D., 2021, Green Rose Publishing, ISBN 978-1-7352558-2-8

Completely Toby: A Down Syndrome Story – by Justine Green, Ed.D., 2022, Green Rose Publishing, ISBN 9781-7352558-6-6