## Wrap Up Chat

Jake Morris he/him: It lets consumers feel heard and understood. 00:24:14 00:30:03 Jamie Whitfield: funding is the big one 00:30:24 Jake Morris he/him: Our biggest barrier would be that counting myself, my CIL has 4 employees though we are currently looking to hire an IL Specialist. 00:30:35 Bob Crayton-NC: Yes, agree funding 00:30:45 Joell Austin (she/her): Education and understanding in a rural area of what peer support is all about. 00:30:51 Jake Morris he/him: This is partially because of our budget. 00:32:14 Youth LEADNC: Funding and human resources Jordan Hayes (she, her): 00:32:39 Staff time is a barrier with our smaller CIL and our small team is being pulled to other core services in more demand 00:33:44 Jamie Whitfield: The rural aspect is the second barrier. Our center covers 7 counties in a mountainous area of the state. Transportation county-to-county is limited. A lot of elderly population 00:34:33 Youth LEADNC: Lack of technology to clone myself! 00:37:44 Brent Heuer: Creativity is the big positive in rural areas and we are only limited by our imagination. 00:38:29 Maria Cordova - The Independence Center: We cover 6 Counties in and 5 of them are rural. Transportation, and cell and WIFI services to be able to join Zoom activities. 00:40:09 Karen Ritchie: I corporate peer support in my IL and Transition classes, fortunately I get to go into the local schools in the 5 counties we cover, we are also a mountainous rural area 00:40:24 Dee Ann Har: Peer supports are just as important as natural supports for our consumers 00:47:28 Builds confidence and social skills! Mary Worthington: Renota Shepherd: That it is definitely needed now more than ever and could 00:47:54 make such a difference for persons with disabilities and the way they view their quality of life. 00:49:33 Abby Ritter (she/her): Linda and Kyle, we did have a question in our first session today that you said you wanted to come back to this afternoon - "In a peer support group setting, how would you handle a participant who changes the topic of conversation to religion and wants to share his or her faith as well as pray for the group out loud?" 00:50:01 Youth LEADNC: With young people with disabilities, I feel like we as a community need to invest in them through programs like youth leadership forums to introduce them to IL for youth to invest in IL. That is my humble opinion as someone who really feels like they grew up in IL 00:50:05 Karen Ritchie: I would want people to know that what each person has to say is

Dee Ann Har: agree guidelines set in advance of the religion and politics come

Yes, Kyle!!!

important, just as who they are is important.

Bob Crayton-NC:

00:52:28 up! 00:52:31 00:52:56 Vicki -Wyo. Ind. Living: Everyone has something to give... and "getting out" of oneself and working with others gives us purpose, joy and seeing the "bigger picture" of life and we see what working together with other likeminded people can accomplish. One of my favorite quotes is "Unless someone like you cares a whole awful lot Nothing is going to get better. It's not." Dr. Seuss, The Lorax

00:53:37 Dee Ann Har: the conversation of boundaries early in peer relationship yes!

00:54:19 Kaylann Mentrup-Walton Options: the lorax is my favorite!!!!

00:54:55 Bob Crayton-NC: Now more than ever is the time for connection, kindness, and action. We are all in this together and together #WeHealUS! #mentalhealth #mentalhealthawareness #bekind #connectedworld

00:55:12 Jake Morris he/him: It allows employees to focus on tasks, it gives a sense of purpose and community.

00:55:29 Bob Crayton-NC: In recognition of World Mental Health Day 💙

00:56:51 Jake Morris he/him: Community outreach and thr lack of someone to direct and manage the voulunteers.

00:56:52 Katelyn Vilmo: We don't always have follow through with consumers using our services, so it makes it difficult to promise a volunteer that they'll have consumers following through to keep the volunteers active

00:58:03 Kaylann Mentrup-Walton Options: in our job teaching transition students volunteers have to go through a background check to clear them to be able to enter the schools. and if we are having them around students they need to have some sort of a familiarity working with students for me to feel comfortable

00:58:32 Kaylann Mentrup-Walton Options: I love volunteers but sometimes it is a long process to get them able to be volunteered

00:58:42 Kaylann Mentrup-Walton Options: sure

01:02:41 Kaylann Mentrup-Walton Options: we have used retired veterans to help build ramps for consumers before.

01:09:46 Renota Shepherd: Thanks Great Sessions!

01:10:12 Maisie:Thank you for this intro

01:10:14 Ashley Gabehart: Thank you :)

01:10:25 Shana Ayscue: Thank you all!

01:10:44 Cody Butler: Thanks everyone!

01:10:45 Andy: Thank you for your wonderful sessions!

01:10:47 Max Ryser: Thank you to everyone.

01:10:49 Abby Ritter (she/her): https://discord.gg/grrg4u7QP7

01:10:59 Mellie Santora: Thanks so much!

01:11:11 Youth LEADNC: Thank you!

01:12:00 Jamie Whitfield:

01:12:14 Maria Cordova - The Independence Center: Thank you!

01:12:33 Renota Shepherd: I can't wait!